

Case SCARBAN and ALHYDRAN: Burn

1. Case study description

patient age	84 years
gender	female
cause	Trauma after stumbling with a pot of hot tea. The patient landed on her knees and the pot of hot tea fell over the patient's left shoulder.
why scar treatment	Development of a hypertrophic scar after deep second degree burns on the patient's back. This scar caused itching and pain with moving.
start scar treatment	3 and a half months after trauma
therapy	- SCARBAN and ALHYDRAN for a duration of 13 months. - SCARBAN Elastic sheets were used for 12 hours during the day. - In the evening the sheets were removed. At that time ALHYDRAN was applied for the night. - In the morning after showering the SCARBAN Elastic sheets were re-applied.

2. Evolution of the scar



3. Conclusions medical team

- Results above expectations
- Nice improvement of the quality of life for the patient.
- Scar quality has clearly improved and functionality improved.

4. Patient experience

- Patient is very satisfied after treatment
- Changes of the silicon sheets were time-consuming at times, but they knew what they did it for.
- Patient does not experience any itching or pain anymore.

Author: E. Harink, MSc, Nurse Practitioner, Department Vascular Surgery, Hospital Isala Zwolle, a Dutch Case Report